

DR. DAVE STRIEGEL

What stands in the way

of your team performing at peak potential? How do the best leaders forge robust, productive connections with their teams?

Dr. Dave Striegel's unique background, with a Ph.D. in sport psychology, coupled with his highly engaging, no-nonsense communication style have led to over 25 years of success as a performance coach, consultant and speaker. He has worked with individuals and organizations including professional and elite amateur athletes, Fortune 500 executives, business owners, doctors, top educators and law enforcement specialists. A sampling of his client list includes executives from Merrill Lynch, Morgan Stanley, Smith Barney, athletes on the PGA, LPGA, ATP & WTA Tours, MLB, NBA, NFL, NHL and US Ski Team as well as members of FBI Hostage Rescue Teams and the military's Special Forces.

While the concepts and principles Dr. Dave teaches apply to anyone wishing to improve their performance, he specializes in helping highly motivated, highly focused clients and their teams learn to thrive under the pressure that accompanies pursuing greatness in their chosen field. He transfers the critical meaning and lessons from his work with high level athletes and executives into terms that anyone wanting to enhance performance can apply immediately to their businesses and their own lives.

In addition to speaking, Dr. Dave regularly coaches corporate executives and business owners to implement the principles he teaches in his courses. This experience has enabled Dr. Dave to successfully target a nearly universal frustration leaders face in running their businesses: *elevating team performance while enhancing profit.*

Dr. Dave's speaking style is dynamic and motivational and engenders confidence and trust. His gift is his ability to filter the noise we all hear constantly in our personal and professional lives that keeps us from pursuing excellence. He transfers the critical meaning and lessons from his work with high level performers into terms that anyone wanting to enhance performance will remember and be able to apply immediately in their lives.



DAVE STRIEGEL

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DrDaveStriegel.com



STRIEGEL
PERFORMANCE COACHING
Easier • Faster • Better

TESTIMONIALS

"After 40+ years practicing dentistry, it's rare that I hear anything new or different that makes light bulbs go off in my head. Dr. Dave's application of high performance principles to the practice and business of dentistry has helped me to take a fresh, revitalized look at how I lead our practice."

– Lawrence Addleson, DDS, FAACD; Accredited Fellow and Past President, AACD

"Dr. Dave gets you ready to face your practice's challenges with confidence, knowledge and grace. I love his style. He's not only engaging and motivating, but he also simplifies what are often complicated issues. I leave with a clear focus, ready to go to another level." – Olivia Cajulis, DDS

"David Striegel, Ph.D., uses superb insight to synthesize key concerns and cut right through them to their very core. His balanced approach to all sides of key issues maximizes learning as the audience members work through options for themselves, arriving at their best decision. His guidance is empowering. His style is never imposing. He is cool and professional in the face of even the most sensitive topics, and he can teach you to be the same."

– Professor Francesco Chiappelli, Ph.D., AAAS Fellow, Fulbright Specialist, ADA EBD Champion UCLA School of Dentistry

"Dr. Dave is a true professional, while also being very approachable. His confident yet non-threatening approach challenges the audience to explore and understand all sides of an issue. Each time I attend one of his presentations, I take away new insights to apply in my practice the next day. He presents difficult topics with clarity and grace while his overall message remains exceptionally motivating. I can't wait to hear him speak again." – Crystal L. Angelopoulos, DMD

"Dr. Dave has a very unique and empowering style that establishes a clear and precise direction for the audience. His speaking helps bring me and my team together to embrace the vision of my practice. He makes complicated topics easy to understand and methodically breaks down what seem to be big challenges into smaller, easily achievable steps. Dave's presentations have helped my team AND me elevate above the day-to-day challenges and not lose sight of our ultimate success. A large part of our immense personal and professional growth is because of Dr. Dave." – Kiran Rapal, DDS

"Dr. Dave has a way of sharing his knowledge about practice management and performance that is unimimidating, interesting, and very pertinent at the same time. He has the ability to narrow your focus to deal with tough issues. His way of speaking is entertaining and always has me waiting for his next pearl of wisdom that I can apply to my practice." – Solomon Cantwell, DMD



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PRESENTATIONS (PARTIAL LIST)

Associations

- American Association of Health, Physical Education, Recreation & Dance (AAHPERD)
- American Student Dental Association, District 10 (multiple)
- American Association of Dental Office Managers, San Diego Chapter (AADOM)
- Association of Applied Sport Psychology (AASP) (multiple)
- San Diego Association of Pediatric Dentistry
- San Diego Dental Society
- United States Tennis Association Player Development (multiple)

Study Clubs

- Beacon Oral Maxillofacial Surgery (multiple)
- Denver Implant Academy (multiple)
- Los Gatos Oral & Facial Surgery (multiple)
- New Hampshire Oral Maxillofacial Surgery (multiple)
- Nova Surgicare
- Nu Image (Seattle Study Club)
- Oral Surgery Hawaii (multiple)

Other

- Financial Services Firms (including Smith Barney)
- Pacific Dental Services
- Practice Enhancement Group (multiple)
- Youth sports organizations and teams (multiple)
- College preparatory schools (multiple)